


Tunniplaan - Jaanuar 2025

Kell	Esmaspäev	Teisipäev	Kolmapäev	Neljapäev	Reede	Laupäev	Pühapäev															
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19:00								Pole Fitness Ilona						Aerial Hammock Rekap	Pole Fitness Ilona	Pole Exotic Milena						
20:00			Pole Exotic Ilona	Pole Fitness Ilona	Stretching Rekap																	
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19:00								Pole Exotic Irina						Pole Fitness Milena	Pole Fitness Ilona	Aerial Hammock Rekap	Pole Fitness Ilona					
20:00	Sensual Choreo Irina	Pole Exotic Milena	Acro Yoga - Jegor	Pole Exotic Ilona	Pole Fitness Ilona	Stretching Rekap																
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20:00	Sensual Choreo Irina	Pole Exotic Milena	Acro Yoga - Jegor	Pole Exotic Ilona	Pole Fitness Ilona	Stretching Rekap																
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20:00	Sensual Choreo Irina	Pole Exotic Milena	Acro Yoga - Jegor	Pole Exotic Ilona	Pole Fitness Ilona	Stretching Rekap																
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	27	28	29	30	31																	
10:00						Treening	Tase	Saal														
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18:00									Pole Fitness Rekap								Pole Exotic Helina	Pole Exotic Irina	Pole Exotic Helina	Sensual Choreo Irina	Kõik tasemed	Space 2
19:00									Pole Exotic Irina							Pole Fitness Milena	Pole Fitness Ilona	Aerial Hammock Rekap	Pole Fitness Ilona	Stretching	Kõik tasemed	Space 2
20:00	Sensual Choreo Irina	Pole Exotic Milena	Acro Yoga - Jegor	Pole Exotic Ilona	Pole Fitness Ilona	Stretching Rekap	Aerial Hammock Rekap	Kõik tasemed	Space 2													
21:00						Acro Yoga - Jegor	Kõik tasemed	Space 2														